

# Moffat Mingle

Come and join us at **Moffat Town Hall** for a Coffee/Tea and a chat. Meet with people who are on a similar journey to share your experiences and support for each other.

When: 3<sup>rd</sup> Friday of the Month.

Next Meetings:  
Friday 17th March 2023.  
Friday 21<sup>st</sup> April 2023  
Friday 19th May 2023  
Friday 16<sup>th</sup> June 2023  
Time: 2pm-4pm

For more information and details to join contact:  
Linda Innes  
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Our community groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, and their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from the community groups safely.

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